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CCMH Foundation celebrates a buzzing Wine and Beer Tasting Fundraiser

The women left to right are: Nikki Wilmes, Kristen Weiler, and Makenzie Stafford. These are just three of our many guest pourers from the Wine and Beer event.

Dave Finnilla, Professional Auctioneer who donated his services for the evening of fundraising.

Discover one of the best-kept secrets in our community



Sunnyside Health Care Center is a 44-bed long-term care facility nestled in a relaxing North Woods setting, conveniently located next to Community Memorial Hospital. Your loved one can live close to home and

receive warm, professional care in a beautiful place. Sunnyside is better-staffed than many other long-term care facilities in the region, ensuring your loved one receives the tender loving care they deserve. For available openings, call 218-878-7664. **CMH**

HealthWire

Do you suffer
from chronic
pain?

**PAIN
MANAGEMENT
CLINIC**

CMH
Community
Memorial Hospital

WE'RE EXPERIENCED IN THE NEWEST, MOST ADVANCED THERAPIES

Welcome to the CMH Pain Clinic

Our Pain Management Clinic wants to make one thing clear: You don't have to live with chronic pain. Conveniently located on the first floor of Community Memorial Hospital, the center helps 95% of patients facing chronic pain—bringing relief to people in Cloquet and the surrounding area.

We understand chronic pain. We're experienced in the newest, most advanced pain therapies. And to emphasize how committed we are to serving CMH patients, we are introducing two new team members. Dr. Danqing Hu, a recent Pain Medicine fellow at Mayo Clinic, now serves as Pain Clinic Director, working to deliver interventional treatments focused on a range of procedures, including:

- Spine and joint injections
- Nerve blocks
- Epidural injections
- Vertebroplasty/kypoplasty
- Spinal cord stimulators

The Pain Clinic will deliver fluoroscopic and ultrasound guided blocks to provide relief to spine and nerve-related disorders. Some of the injections include epidural steroid injections (as mentioned above), sacral iliac joint injections, facet injections, selective nerve root blocks, and radiofrequency ablation procedures.

"My goal is to provide the best care to patients with different types of pain," says Dr. Hu. "I believe each patient's pain experience is unique and deserves individualized treatment."

Working closely with Dr. Hu is Bryan Hunter, DNP, CRNA, NSPM-C, who brings his expertise to both the Pain Clinic and the Anesthesia Department. Board certified in non-surgical chronic pain management, our CRNA has been providing chronic pain treatments since 2001. He received his Doctorate of Nursing Practice (DNP) in December 2018 from the University of South Florida, and has worked as a CRNA for 24 years—most recently at Essentia Hospital in Moose Lake as Chief CRNA.

Story continues on next page →

■ PAIN CLINIC, continued

“My role is split between both interventional pain provider and anesthesia care provider,” he adds. “As an anesthesia care provider, I am responsible for providing surgical and obstetrical anesthesia care. I also provide trauma and airway management in the Emergency Department.”

The CMH Pain Clinic provides a multidisciplinary approach—working with primary care, physical therapy, dietary, and mental health services to promote the health and well-being of our community. A referral is needed to make an appointment with Dr. Hu. [CMH](#)

Advanced Wound Clinic awarded for outstanding clinical outcomes

The Advanced Wound Clinic at CMH has received the Center of Distinction Award for 12 months of outstanding clinical outcomes—including patient satisfaction rates above 92%, and a minimal wound healing rate of 92% within 28 median days to heal.

Of the 555 centers eligible for this Healogics award, 278 achieved the honor. This is the third year in a row CMH has been named a Center of Distinction. Congratulations to the Advanced Wound Clinic! [CMH](#)



CMH is proud to introduce our new OB simulator

Designed to simulate any birthing crisis, the device is used for onsite staff training, and statewide for providers who need more experience in obstetric situations. This is truly a complete simulation solution. [CMH](#)

A warm welcome to the following essential workers

We are pleased to introduce eight new medical providers and staff. CMH welcomes a brand-new family physician, ER doctor, and pain doctor to our team—plus five advanced practice providers.

PHYSICIANS

- Stephen Bockhold, MD—Emergency Medicine
- C.W. Hall, MD—CMH Raiter Family Clinic
- Danqing Hu, MD—CMH Pain Clinic

ADVANCED PRACTICE PROVIDERS

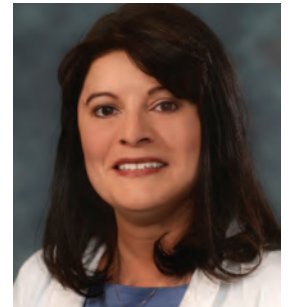
- Lisa Hay, MS, FNP—Emergency Medicine
- Bree Hieb, MS, CRNA, APRN—Anesthesia Services
- Jacob Klug, APRN, DNP—Emergency Medicine
- Joseph Vidmar, MS, APRN, CRNA—Anesthesia Services
- Bryan Hunter, DNP, CRNA, NSPM-C—CMH Pain Clinic and Anesthesia Services [CMH](#)



Stephen Bockhold, MD



C.W. Hall, MD



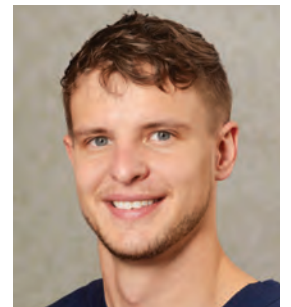
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Joseph Vidmar, MS, APRN, CRNA



Bryan Hunter, DNP, CRNA, NSPM-C

3rd COVID-19 vaccine doses now available for qualifying conditions



Please contact your primary physician for details. Patients should also stay tuned for updates on Pfizer booster doses, as CMH will be offering them once they receive Emergency Use Authorization (EUA) status through the FDA.

Contributing hope during difficult times

Everyone who enters CMH has benefitted from the support of our donors throughout this pandemic. Your contributions have paid for special programs and equipment, helping us to continually elevate the level of care and services available at CMH. Your generosity has also allowed our team members to focus on our patients and residents while feeling encouraged and appreciated.

Although the world is still suffering the effects of a fast-evolving pandemic, the CCMH Foundation was able to successfully navigate a few reimagined events in 2021. In June, we cautiously reintroduced our in-person Wine and Beer Tasting Fundraiser. The community came together at the Cloquet Country Club and broke fundraising records for this event—all in the name of local healthcare! Together, we raised over \$27,000.

A month later, the Foundation was back at the CCC for the second annual “Moose” Golf Fundraiser, an event that was canceled in 2020 due to the pandemic. Over 20 teams hit the greens to raise funds for therapeutic heat and massage recliners for our chemo and infusion patients here at CMH.

Looking ahead, with the surge in COVID-19 variants and current CDC recommendations, we have made the difficult decision to cancel our annual Gala. In its place, we are creating something new to enjoy from home over the Thanksgiving season: our **Lots4Giving-UnGala!** The event will include a Black Friday Raffle with thousands of dollars in prizes, a Cyber Monday auction, and so much more! Visit www.ccmhfoundation.com and follow the CCMH Foundation on Facebook for details.

With that, we thank you for standing at our side. ***Your generosity contributes hope during difficult times; more than ever, we extend our heartfelt gratitude to you, our generous supporters. We really couldn't do it without you!***

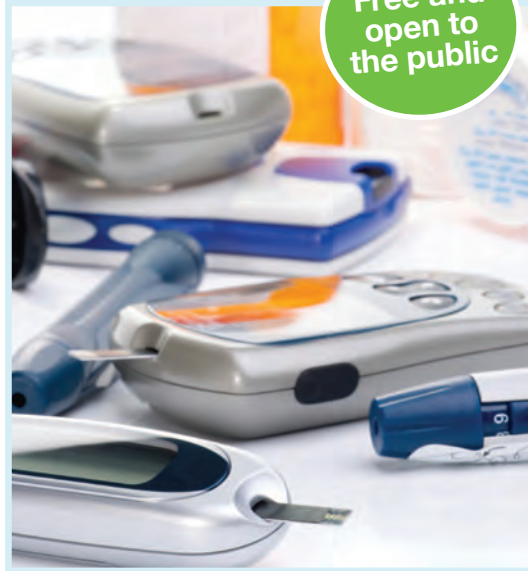
Foundation Staff:

Laurie Korby, Executive Director

Julie Jacobson, Administrative Coordinator

DIABETES HEALTH FAIR

Tuesday, Oct 26, 2021
9am–1pm at CMH



Free and open to the public

Giveaways & door prizes!

Location: CMH large classrooms (Maple, Oak, and Pine)

Free health screenings:

- Blood pressure
- Blood glucose
- BMI

Learn about:

- Healthy meal plans
- Blood glucose meters
- Medications
- Insulin pumps
- Pen devices

This is a great event to get the latest information on diabetes man-

agement, prevention, and resources; receive free screenings; and hear from diabetes experts.

Living on the Border with Pre-Diabetes

Start now to delay or prevent type 2 diabetes

NEXT WORKSHOP
TUESDAY,
NOV 9, 2021
3–6pm

\$25 registration fee

Workshop held in CMH classrooms

Have you been diagnosed with pre-diabetes? You can make changes now to delay or even prevent the onset of type 2 diabetes. Taught by certified diabetes instructors, the workshop is open to all those who would like to learn more about pre-diabetes. **Call 218-878-7661 to register.**

Can't make the workshop on November 9? Join us this winter instead. Future sessions will be listed at cloquethospital.com/cmh-happenings