

Dementia

Dementia is a general term that describes a wide range of symptoms associated with a decline in memory or other thinking skills, including judgement, reasoning and complex motor skills. Though there are different types dementia-related illnesses, Alzheimer's disease is the most common in persons aged 65 and older, and accounts for 60 to 80 percent of cases. Other types of dementia include vascular dementia, Lewy Body dementia (LBD, an umbrella term that refers to both Parkinson's disease dementia and dementia with Lewy bodies), frontotemporal dementia, and alcohol-induced dementia. Dementia-related illnesses, such as Alzheimer's disease, are NOT part of normal aging.

Sunnyside Health Care Center requires all staff and volunteers to receive education on dementia management and resident abuse prevention training on hire, annually, and as needed.

Areas of the training include:

- 1) Explanation of Alzheimer's disease and related disorders
- 2) Assistance with activities of daily living
- 3) Problem solving with challenging behaviors
- 4) Communication skills

If you would like more information on Dementia or if you have any questions please call Jeff Brown, Administrator @ (218) 878-7618.