

**Continue your recovery closer to home.**

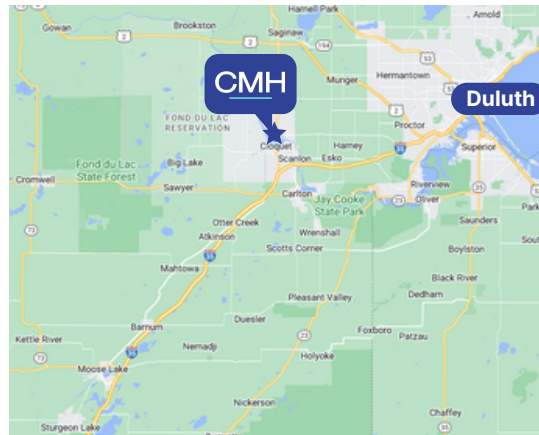
**A** hospital stay for serious illness, injury, or surgery is an overwhelming experience. It requires a patient and their support system to take time away from normal life and dedicate energy toward the recovery process.

Being discharged from acute care is often only the first step toward making a full recovery. Many patients benefit from additional medical and rehabilitative support before they are fit to return home or another appropriate living situation. Transitional Care at CMH allows a patient to continue their recovery closer to their home community and support system, and when appropriate, provides an alternative to being admitted to a nursing home.

Transitional Care provides hospital resources and team-based support so that patients can reach their highest level of independence and function. Patients who recover in a hospital-based Transitional Care program are less likely to be readmitted for an acute hospital stay.

## Our Location

Located approximately 30 minutes southwest of downtown Duluth, CMH cares for patients from our surrounding rural areas, including Carlton, Pine, Aitkin, and St. Louis counties.



## Contact Us

**Phone (218) 499-6701**

**Fax (218) 878-7607**



# Transitional Care Program



# What is Transitional Care?

Transitional Care is a program focused on helping patients transition from a hospital stay to their highest level of independence at home or in another setting.

Examples of patients who may benefit from a Transitional Care program include:

- Patients recovering from complex surgery.
- Patients recovering from a serious illness or injury, such as a heart attack, stroke, traumatic brain injury, and more.
- Patients with a higher risk of developing complications or being readmitted due to one or more comorbidities or chronic disease(s).
- Patients who require specialized treatment, such as wound care, occupational, physical, speech, and respiratory therapies, or intravenous medications.



**CMH's private, spacious patient rooms with adjoining private bathrooms make recovery more comfortable.**

# Why CMH?

Transitional Care at CMH offers a balanced recovery experience complete with specialized care options, access to hospital resources if needed, and the personalized support of your local community.



## Rehabilitative Care

A full-spectrum of rehabilitative care includes occupational, physical, and speech therapy programs.



## Advanced Wound Care

Our award winning Advanced Wound Clinic provides a variety of treatment options to promote faster healing.



## Specialty Services

Convenient access to hospital amenities as needed, including laboratory services, diagnostic imaging, and infusion therapy.



## Life Engagement

Access to activity opportunities that enrich life mentally, spiritually, socially, and intellectually.



## Proximity to Home

A patient's support system is able to fully support the patient through recovery when post-acute care is provided in their local Cloquet & Carlton County community.

# What to Expect

Our Transitional Care Program is centered on teamwork, communication, and collaboration. Read on to learn more about what to expect when choosing CMH for Transitional Care:

- A **personalized plan** of care.
- **Bedside Rounds** that engage the patient, their support system, and care team.
- **Hospital level staffing and resources** are immediately available in case the patient's condition suddenly changes.
- On average **11.8 day length of stay** before being discharged to home or the patient's previous care facility.
- **Continuity of caregivers** for any follow-up appointments once the patient has returned home.

## Is Transitional Care covered by my insurance?

Most Transitional Care provided at CMH is reimbursed under the Medicare Swing Bed program, a Medicare Part A payment program.

- If criteria are met, Medicare Part A will reimburse for up to 100 days of post-acute care.
- Some patients may qualify for reimbursement via other programs or payer; if there are questions, please contact our team and we will help determine if your insurance will cover Transitional Care services at CMH.